

SOUTH ZUMBRO NEWS

July/August 2017

A MONTHLY PUBLICATION OF SOUTH
ZUMBRO LUTHERAN CHURCH



The work in the sanctuary is going well! This church is well loved, and it shows. One of the fun things that was found when the panels came off was all the initials carved in the rail in the balcony. Someone said that the rail had been covered for 50 years, maybe more. Makes me wonder how many of those little boys are still with us today? No, I will not ask for names, your secret is safe and covered back up! I was going to take a picture, but little boys with their pocket knives should be forgiven too! I could also see the wear between the posts where over the years the worshipers would rest their feet! This is a witness to faithful worship, when you can see where people placed their knees at the altar rail or rested their feet. You can tell people have worshiped here for a long time and that they and you were and are faithful!

Vacation Bible School just finished. A big shout out and a thank you to all

the saints who worked hard to make VBS possible. It is a labor of love, just seeing the smiles on the children's faces said it all! Well done good and faithful servants.

I'll close with prayers for travel mercies for our families whom have vacation plans for July and August. For many, summer is a time to recharge your bodies with rest and recreation.

So, let us pray--May God be above you to bless you; below you to support you; before you to guide you; behind you to protect you; beside you to comfort you; and inside you to give you strength and joy.

Grace, Love and Peace
See you in Church

Pastor Elden

South Zumbro is a
welcoming, spiritually
alive family of God,
caring for one another
and reaching out to
encourage others
to know Christ and
His love.



South Zumbro
Lutheran Church

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South Zumbro Bulletin Board

- If there are any needs in the congregation that you know about, please contact our Parish Nurse, Cindy Bernards, or Pastor Elden.
- Our congratulations go out to Adam and Cassandra Bernards on the birth of Brielle Rose on June 19. So happy for Grandpa and Grandma (Jeff & Cindy Bernards)!
- Our thoughts and prayers are with Peter Wyttenbach after his surgery.
- Thanks to all those who have provided rides for Jamey Fiksen to get to church and back home as well as Marvin Vicker.
- Thanks to all who donate regularly to the Good Samaritan fund. Financial needs of SZ parishioners have been met.
- Thank you to all the members of Health & Wellness ministry who helped with each and every detail of the Red Cross Blood Drive on June 9, 2017. It was a resounding success with donations of 38 units of blood. Thank you South Zumbro for giving!

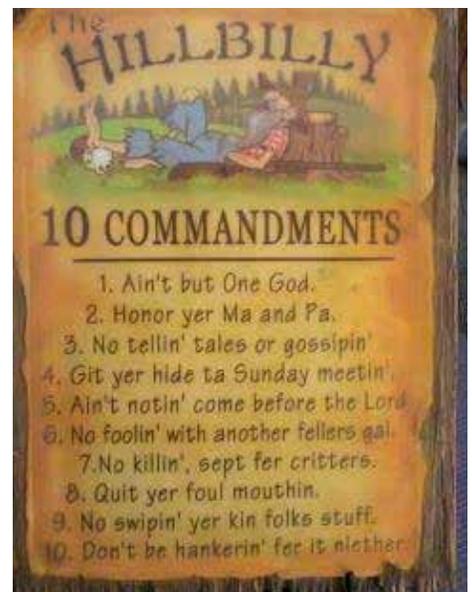


Open House Birthday Party for Ruth Stevens

Everyone at South Zumbro is cordially invited to celebrate with Ruth Stevens on her 90th birthday. The birthday party will be held in the church fellowship hall on Sunday, July 9th, from 2-4:30 pm. Hosted by her seven children; program at 2:30. No gifts please. We hope you can make it and celebrate with Ruth on this milestone birthday.

Wagon Train

Thank you to everyone who helped with and/or donated to the coffee fellowship and lunch for the wagon train to benefit Camp Winnebago. We raised \$717! God is good! A special thank you also goes out to Thrivent for the funding for supplies for the lunch.



WOW News

The WOW annual day trip is Thursday, July 20th. We will carpool from the church at 9am and head to Rushford, MN to Norsland Lefse for a video of their bakery (they aren't making lefse at this time), but we'll have lunch there and check out the gift shop. A copy of the menu is with the sign up sheet. Any sandwich on lefse -you can have bread also but why would you want bread if you can have lefse:)

After lunch we'll drive to Fountain MN and tour the Fillmore Historical Museum. They request a \$5 donation per person. Lots of history there! There is a pie place in Fountain where we may stop for pie. Haven't been able to reach them yet at this time.

This will be a beautiful drive and a good time of fellowship. All women are encouraged to come along. There will be a sign up at church starting July 2nd. Put a check mark in front of your name if you are willing to drive.

Mary Sue Sandeno



Picnic and Stewardship Project

WOW will be putting together School Kits, Health Kits, and Layette Kits (good, used items acceptable) at our picnic on August 17th. We will gather at 6:30 pm for a "Picnic on the Patio," weather permitting. We will have a business meeting and then assemble our stewardship kits for missions. There are specific items needed for these kits. The lists will be posted and they are also in the WOW handbook. These kits go to the Latin America Lutheran Missions. There will be bins at church to put items in through the month of July. We encourage all families to take part in this project. This is a great teaching opportunity for children to give and shop for those in need. And school supplies will be on sale soon. This will be an evening of food, fellowship, stewardship, and fun, so please join us!

Sandy Ness



July 30th Barn Service

On Sunday, July 30, 9:00 am, we will be having an old-fashioned worship service at Dennis & Marilyn Aarsvold's farm, 68487 260th Ave, (two miles west of the church), in the charm of their bluegrass barn. During the service we'll have a sing along with lots of South Zumbro's favorite hymns, led by Cabin Fever, along with an inspiring message from Pastor Elden. After the service please stay for potluck lunch, complete with root beer floats. So dress in picnic attire, bring your lawn chair, potluck food and join us for this special service, followed by a time of good food, fun and fellowship.



Living Well With Chronic Pain

Thursdays, 3-5:30 pm, June 29-August 3
Rochester Public Library, 2nd floor meeting room B
Register by calling 1-866-541-1821 or online @ www.wellconnectsemn.org

Looking ahead:

"Stepping On"—Building confidence and reducing falls in older adults
6 week class in September; an extension of "South Zumbro on the Move"



June 2017

South Zumbro Council Minutes

June Attendance

135, 30, 143, 19, 25, 58, 145, 20

June Offerings

6-4-17

\$6000, home budget; \$530, building vision fund; \$200, Luther League; \$50, Good Samaritan fund; \$25, cemetery fund; \$100, VBS.

6-7-17

\$586, home budget.

6-11-17

\$2639.06, home budget; \$1155, building vision fund; \$85, missions; \$25, cemetery fund; \$50, Good Samaritan fund; \$25, memorial fund in memory of Garry Purvis; \$167.30, Jr Choir coffee fellowship.

6-14-17

\$426, home budget; \$50, building vision fund.

6-18-17

\$2466, home budget; \$600, building fund; \$25, cemetery fund; \$50, Good Samaritan fund.

6-25-17

\$3297, home budget; \$2255, building vision fund; \$10, Good Samaritan fund; \$25, cemetery fund.

Attendance: Marilyn Aarsvold, Corey Carlson, Brian Herbst, Sara Johnson, Steve Jurens, Lynn Knutson, Wayne Larsen, Dale Ness, Don Ness, Don Rosenberg, and Pastor Elden Simonson. Absent: Jeff Bernards. Guests: Dawn Nemechek, Michele Stromme, and Bill Stromme.

Prayer and Bible Study: Nehemiah (Hand Me Another Brick – Lesson 14); Deacons

Secretary's Report: Mot/sec – approved

Treasurer's Report: Reviewed; Mot/sec – approved

Pastor's Report:

- Baptisms: 1
 - Marriages: 0
 - Funerals: 0
 - 9 visitation calls / 7 home visits: 809 miles
 - It was noted that 2 services should be considered for confirmation Sunday next year
 - LCMC Annual Gathering: registration is open; anyone wishing to stay in the hotel should sign up soon
 - June 22nd Worship Service at Prairie Meadows with communion
 - June 25th Pastor Warren Baker will be here; Shalom team to visit and talk about BTRA
 - July 1st Send-off day for campers (with breakfast and prayers)
 - August 13th is Worship in the Park (for Festival in the Park)
 - October 29th is Reformation Sunday; discuss celebrating 500 years of religious freedom week before (10/22)
 - o Mot/sec – approved to have Tony and the Brass on 10/22 (depending on Teen Challenge visit)
 - Vacation plans:
 - o July 23rd
 - Suggest to have Pastor Howard Reinschmidt to fill in
 - Pastor Mark Schwartz will cover emergency calls
 - 2018 is the 150th Anniversary of South Zumbro Lutheran – Pastor Elden to participate in Anniversary Committee to determine a date
 - Discussed purchases for Confirmation class (workbook and small catechism)
 - Sterling Ness is currently in the Hayfield Nursing home and visits are welcome
- Committee Reports:
- FIRES: Discussed removing monetary amounts from the newsletter on the website
 - Updates to the Seminary fund document will be made for approval (Bill Stromme)

- WOW: Wagon Train event on June 26th (Michele Stromme)

Old Business:

- Benevolence Assignment: Mot/sec – approved for Shalom
- Insurance – Received \$403.23 refund for higher deductible; In process of securing an additional bid
- Sanctuary Updates: Progress is going according to plan; All structural aspects verified to be solid; New speakers in back of sanctuary are being pursued; discussed distance between altar and wall; Line of Credit will be setup at the bank in case we need it
- LED Lighting bid (Trustees): Bid will be reviewed at the next council meeting
- Mission Support: mot/sec – approved transferring support from Koski's to Abbey St. Clair (starting this month)
- Missionary Coordinator & Youth Coordinator requests – discussed next steps and need for a unified prayer to fill these positions; there has been interest expressed

New Business:

- Don gave information about Arne Berger (artist who painted our altar image “Christ in Gethsemane”)
- Discussed use of name tags by the congregation

Meeting adjourned and closed with prayers from council members.

Respectfully Submitted,

Corey Carlson



South Zumbro Vision & Mission Statements

VISION STATEMENT:

South Zumbro is a welcoming, spiritually alive family of God, caring for one another and reaching out to encourage others to know Christ and His love.

MISSION STATEMENT:

South Zumbro is a family where you belong, a home where you are loved, and a sanctuary where you can seek healing. We desire to become servants of Christ by serving each other, our church, our community, and those beyond our borders. We are committed to equipping Christians through Biblical preaching and investigation of God's Word. We rely on prayer for direction in our personal lives and in the life of the Church.

Council Members

Council President:
Marilyn Aarsvold
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Vice President:
Steve Jurrens
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Deacons:
Jeff Bernards
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Trustees:
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Secretary:
Corey Carlson
507-365-8939

Treasurer:
Don Ness
507-365-8101
ddness@kmtel.com

Financial Secretary:
Lynn Knutson
507-365-8175

Office Hours

Pastor

Pastor Elden's office hours are
Wednesday thru Saturday
9 am to noon.



Secretary

Our church secretary, Michele Stromme's office hours are Fridays from
10 am to 12 noon.

How Is Your Garden?

Over the years as your Faith Community Nurse, I have written articles on physical, emotional, and spiritual health. I have encouraged us all to eat a well-balanced healthy diet. I have encouraged us to make time to physically be active and move. What about paying attention to the movement of God in our lives? How do we feed our souls? How do we find out what we thirst deeply?

This is not a simple process. Cultivating the most important relationship of our lives, our relationship with God, can be thought of as training for the soul. What we exercise and pay attention to grows in strength, and what we ignore becomes weaker. We are put together as the fellowship of believers to help each other grow stronger. When we listen to each other at a ladies WOW Bible study or at men's MOB or as we walk out of church together, using discernment and prayer in such a confidential setting, and share compassion then we grow as the body of Christ. This is an invitation for each of us to slow down, to stop, to look, to pay attention. So simple. So difficult. As we contemplate and ponder, we go deeper in our spiritual understanding.

It is amazing how God has given each of us a specific personality: some are positive, others are negative; some are introverts, others extroverts; some are affectionate, others are distant; some are curious and adventurous, others are cautious; some are organized and dependable, others are flexible and spontaneous; some are sensitive or nervous, others are secure and confident. How about you? It is only when we stop and take time to understand our own personality that we can have insight into who God created us to be and how He can fulfill each need. Journaling is a powerful tool to help us pay attention.

Another way of thinking of our relationship with God can be understood through the language of metaphor. Going deeper with God is like journeying with a tour guide who points out sights along the way. Our guide book along the way is the Bible. Psalms 119:105, "Thy Word is a lamp unto my feet and a light unto my path." A metaphor might be going deeper with God is like someone holding a flashlight when we search around in the darkness. Ephesians 5:8 says it this way, "For you were once darkness, but now you are light in the Lord. Walk as children of

light." Or going deeper with God is like a friend helping us sift through the compost of our life for the fertile soil that can be added to our garden. Only God can take what we think is garbage and make something beautiful out of it. Psalms 49:15 says it this way, "God will redeem my soul from the power of death." What metaphor is meaningful to you?

Stopping to think about what image comes to mind about the movement of God in our lives can be illuminating. Over the years my garden has been a metaphor for me with the continuous battle against weeds (sin), production of vegetables useful to eat, as well as beautiful flowers. So perhaps instead of us asking, "how are you?" and getting a pat answer of "fine"...perhaps we could ask each other, "How is your garden today?" Each living thing in the yard is a potential lesson just waiting to be revealed.

When we stop, Scripture provides much material for reflection. Deuteronomy 30:19, "I call heaven and earth to witness against you today that I have set before you life and death, blessings and curses. Choose life so that you and your descendants may live." There may be big decisions that move us toward or away from life, but more often than not it is the small decisions we make every day that can bring life or drain our energy. How do we want to choose life today? While we may not be able to imagine what may happen in the future, we can be confident in doing the next right thing that will feed our souls. What is your next right thing? Are you pausing to stop?

(Thanks to resources from Church Health Reader.)

Your Parish Nurse,

Cindy Bernard's



Hospital Policy

If you are hospitalized in Rochester or know of someone from South Zumbro who is, please contact the church and let us know about the hospitalization. Mayo Clinic no longer supplies patient lists for pastors to view, and we are dependent upon hearing from our members about their hospitalization. We want to be a support for you, so let us know if you need care at the hospital.

July 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Faith Circle has duties this month.		Service Group Leaders: Nick & Kelly Jurrens		 9 – Ruth Stevens 16 – Margaret Johnson 22 – Marvin Viker		1 Canada Day Luther League leaves for Colorado 7 am MOB
2 9 am Worship w/Holy Communion Coffee fellowship following	3 7:30 pm Bible Study @ Kendall & Julie Boyum's	4 Independence Day 	5	6 7 pm 150 th Anniversary planning meeting	7	8
9 9 am Worship w/Holy Communion Coffee fellowship following 2 – 4:30 pm 90 th birthday party for Ruth Stevens	10	11 7 pm Council meeting; Steve Jurrens serves	12	13 	14	15 7 am MOB
16 9 am Worship Coffee fellowship following	17 7:30 pm Bible Study @ Bill & Michele Stromme's	18 7 pm FIRES	19	20 9 am WOW Day Trip	21	22
23 9 am Worship Coffee fellowship following	24	25	26 	27	28	29
30 Int'l. Friendship Day 9 am Barn Worship @ Dennis & Marilyn Aarsvold's Potluck lunch following	31					

August 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Esther Circle has duties this month.	Service Group Leaders: Shawn & Darcy Petersen	1 	2	3	4 6 pm – 12 midnight Dodge County Relay for Life	5 7 am MOB
6 9 am Worship w/Holy communion Coffee fellowship following	7 7:30 pm Bible Study @ Frank & Sandy Ness'	8 7 pm Council meeting; Lynn Knutson serves	9	10	11	12
13 9 am Worship in the Park; Coffee fellowship following 	14 7 pm Health & Wellness meeting @ Church	15	16	17 6:30 pm WOW Picnic & Stewardship Projects 	18	19 7 am MOB
20 9 am Worship Coffee fellowship following	21 7:30 pm Bible Study @ Galen & Marcia Bungum's	22	23 	24	25	26
27 9 am Worship Coffee fellowship following	28	29	30	31	Notes:  2 – Margaret Ness 21 – Frank Ness 28 – Pat Smith	

July 2017

“DEVOTE YOURSELVES TO PRAYER,
BEING WATCHFUL AND THANKFUL.”

— COLOSSIANS 4:2, NIV



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1

Please continue to pray for staff in a center in Honduras as they are ministering to Compassion children in temporary locations as they rebuild facilities destroyed by a fire.

2

Pray for John and Isaac from a Compassion center in Kenya who are orphaned, that they would find a loving and nurturing foster family.

3

Pray for the families of six Compassion children in the Philippines as they recover from a fire that damaged their homes. Pray for comfort and provision.

4

Pray for the children and families in Colombia as they recover from the damage and losses due to recent flooding.

5

Please continue to pray for the families affected by the deadly garbage dump landslide in Addis Ababa, Ethiopia. Pray for provision and strength as they recover.

6

Pray for Compassion Thailand staff members Anong and Annie who are pregnant. Pray that their pregnancies go smoothly and that they deliver happy and healthy babies.

7

Pray for the safety of our children in the Aldea La Isla area of Guatemala where strong winds and heavy rains destroyed several homes and damaged others.

8

Pray for God to heal 20-year-old Angelique in Rwanda who has an abnormal growth on her left shoulder that is deforming her body posture.

9

Pray for Soriano in the Philippines who is in the hospital due to lupus and needs healing.

10

Pray for the nearly 6,000 children and their families in Peru as they recover from damage caused by heavy rains. Pray also for protection against dengue fever and skin infections.

11

Pray for Santiago in Colombia whose parents are in the process of a divorce. Pray for Santiago's comfort and for peace and reconciliation between his parents.

12

Pray for the full recovery of Frenz, Ellidin and Nathalie in the Philippines who all recently had heart surgery. Pray also for financial provision for ongoing medical expenses.

13

Pray for the children and their families in the Dominican Republic as their homes were damaged and possessions lost in flooding caused by heavy rains.

14

Pray for the staff from a center in Togo, that God would help them as they work to build better classrooms for their children.

15

Pray for healing for John Michael in the Philippines who is hospitalized for a brain tumor. His surgery has been delayed as doctors first work to address severe malnutrition.

16

Pray for God to heal the mother of Emanuely and Raquel in Brazil as she has cervical cancer but doctors can't do surgery because the tumor is too large.

17

Pray for Eunice in Kenya who regularly falls unconscious. Compassion staff have referred her to a hospital and she is taking medication, but doctors are struggling to find the cause.

18

Pray for God to heal the father of Maria in the Philippines as he has lung and heart disease. Their family also needs financial provision.

19

Pray for Juan, Yahiris and Shirley in Nicaragua who witnessed their father's suicide and are having difficulties sleeping. Pray for their emotional and psychological healing.

20

Pray for 6-year-old Esther in Rwanda who underwent successful heart surgery in January 2017 but has developed fluid buildup between her lungs and chest. Pray for her recovery.

21

Pray for God to comfort the family of John in the Philippines who recently passed away due to acute meningitis.

22

Pray for 14-year-old Mario in El Salvador who has muscular dystrophy, which his three other siblings died from. Pray that God delivers a healing miracle.

23

Pray for healing for Nasasira in Uganda who has hemophilia.

24

Pray for the construction on an old church building/center in the Philippines.

25

Pray for the family of Pastor Magloire from a center in Haiti who passed away suddenly and unexpectedly. Pray also for his church and center staff as they grieve.

26

The staff from a center in Togo ask us to pray for the teenagers in their care to grow strong in the Lord as they mature into adulthood.

27

Pray for a change of heart in the owner of a building that Compassion Philippines is renting. He wants to turn the building into a motel.

28

Pray for the recent Leadership Development Program graduates in Thailand, that God would bless them with work in their chosen fields and use them as witnesses for His glory.

29

Pray for Mary in Kenya who is epileptic and has also developed ulcers, which further complicates her situation. Pray for her complete healing.

30

Pray for Kiiza in Uganda who has sickle cell anemia and needs healing.

31

Leticia in Brazil asks us to pray that God would help her father to find a job.

South Zumbro Lutheran Church

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SOUTH ZUMBRO
LUTHERAN CHURCH

LCMC
Lutheran Congregations in Mission for Christ