

# SOUTH ZUMBRO NEWS

A MONTHLY PUBLICATION OF SOUTH ZUMBRO LUTHERAN CHURCH

March 2020

Greetings South Zumbro Brothers and Sisters!

It never fails...when Ash Wednesday rolls around each year, I have to pinch myself to make sure that I am truly awake and that Lent is upon us! I don't know why it happens so quickly each year, but what a welcome event it is each year. I think of the joys Lent brings to our church. One of the things that I cherish are SOUP SUPPERS! Yes, one night that we don't have to cook, we can enjoy delicious soups, break bread with brothers and sisters in Christ, and worship together! We have that "mid-week reminder" of the sacrifice Jesus made for us.

Here's my encouragement for you as we embark on Lent 2020. You have heard it in many other "theme based" organizations, activities, and the like...the theme for the year 2020 has something to do with "vision." So, lets jump on board with it! My encouragement to you during Lent 2020 is to foster a vision of "2020" for your Lord and Savior Jesus Christ. Take time, each day, to recognize the Cross in your life. That is probably fairly easy in a sense...we can easily identify where we might be persecuted and beaten down. In our own suffering we might connect with Jesus in His suffering on the Cross. Recognize the Cross and when you do, GLORIFY His Name in it! Find the Glory He extends in His suffering. Repent of your sin, make a sacrifice (fasting, sweets, caffeine, etc.), spend extra time in prayer, reflect on your faith, and the list goes on. But when you do, remember to also find the Glory in the Cross. Remember that Jesus has paid an incredibly high price for your salvation. He has defeated death for you. He has taken the sin that is weighing you down, and He has crushed it.

South Zumbro, I love you. I pray for you every day. I pray that you will join me in taking extra time, this Lenten season, to reflect on our sin and work on repentance but also to find the Glory in our life to recognize your blessings and to remember what Jesus said in John 17:17-19 as He prayed to our Father for YOU...He said this, "Sanctify them by the truth; your word is truth. As you sent me into the world, I have sent them into the

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South Zumbro is a welcoming, spiritually alive family of God, caring for one another and reaching out to encourage others to know Christ and His love.



South Zumbro  
Lutheran Church

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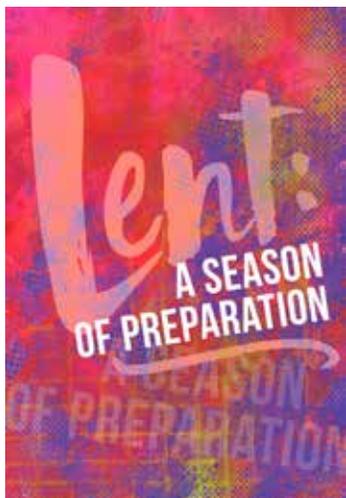
# South Zumbro Bulletin Board

- The thoughts and prayers of the congregation are with Sara Johnson and her family after the passing of her father, John Wallace Anderson. Blessed be his memory!
- Congratulations to Galen and Sara Johnson on the birth of their newest grandchild, Lydia, born on February 8!
- Prayers for a speedy recovery to Richard Kylo after he injured his leg in a fall.
- Please join us for soup suppers and special midweek Lenten Services. We are walking through a series, "Sinners, Used by God."

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world. For them I sanctify myself, that they too may be truly sanctified." You see, Jesus sanctifies us, but how can we be sanctified if we don't spend time with Him and in God's Word? So, spend some extra time with Jesus, and read the Scriptures. He died for you. Pray, repent, reflect, and remember the price He paid for you...He loves you, love Him back.  
God bless you all.

*Pastor Pete*

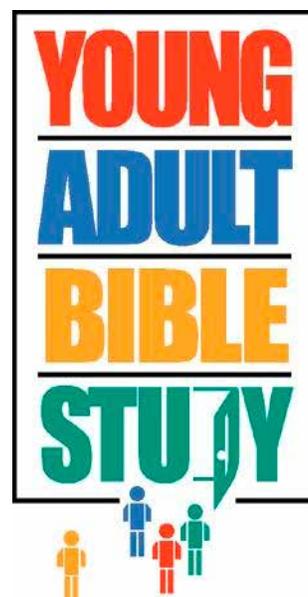


## Secret Prayer Sisters

At our February 20th WOW meeting and SPS reveal (that was postponed from Feb 13), it was decided by those present that the reveal should be changed next year to April when the weather could be more favorable. Because of the weather and rescheduling of this year's reveal, we are going to extend the SPS selection through March. If you were not at the meeting and have chosen a sister, please let me know. Otherwise, the "About Me Sheets" are still available on the table in the narthex. I encourage more sisters to be involved in this program, of being blessed with prayer, and to bless other sisters in the same way. Please let Michele or myself know who you have chosen so I can have a master list for next year. Thanks and blessings to all of you.

*Diana Coats*

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## Attention, Young Adults!

We're trying something new for those post-high school to mid-thirties. Married or single, parents or not, all are welcome! The plan for now is to meet the first and third Saturday of each month at 9:15 am for brunch at the Herbst's home (63993 260th Ave). Pastor Pete or Pastor Jeff will lead a "no-previous-experience-required" Bible study. We'll discuss some more whether this is the best time to meet and what else you might want to do as a group in the future. If you're interested in participating but won't be able to make it at this time, let one of the Pastors or Cindy Herbst know. Text her at 507-273-5942 or email to cherbst@kmtelcom.

## DAY TO SERVE

Your Mission Coordinators are excited to announce there will be a ONE DAY service event this spring/summer!! This will be our 'local mission trip' and offer everyone, ages 8-80+, an opportunity to serve your fellow congregants by helping them with physical projects they can't complete alone!! We want ALL of us to be filled with the JOY that only comes when we are doing God's work. Join us for a day to help your neighbor, a day of Fellowship, a growing experience as we all get to know each other better through this Day of Service!! More details to follow-stay tuned to your Newsletter and announcements! Or talk to Bill or Lu for a little sneak peek!! Let's be the HANDS AND FEET OF JESUS right here at home!!



### The Hands and Feet of Jesus South Zumbro Lutheran Church



## Vacation Bible School

Attention all Preschool through 6th Graders!

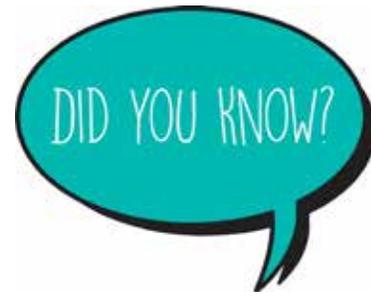
Vacation Bible School this year at South Zumbro will be the week of June 22 – 26. We will end the week on Friday, June 26, with a picnic supper and short program. Maybe we can even get in a parents vs students kickball game! Mark your calendars now and plan to join us June 22-26. Watch your newsletter and bulletins for further details.

### VISION STATEMENT:

South Zumbro is a welcoming, spiritually alive family of God, caring for one another and reaching out to encourage others to know Christ and His love.

### MISSION STATEMENT:

South Zumbro is a family where you belong, a home where you are loved, and a sanctuary where you can seek healing. We desire to become servants of Christ by serving each other, our church, our community, and those beyond our borders. We are committed to equipping Christians through Biblical preaching and investigation of God's Word. We rely on prayer for direction in our personal lives and in the life of the Church.



Did you know that South Zumbro currently has 22 students participating in confirmation classes on Wednesday evenings? There are 12 ninth graders and 10 eighth graders. This is a Catechism (teachings of the Lutheran Church) Year so we are studying the Ten Commandments, the Apostles' Creed, and the Lord's Prayer. In addition, we are learning about Holy Communion and Baptism, which are the two sacraments in the Lutheran Church. (A sacrament is an act that is commanded by Christ, uses a material or earthly element (bread, wine or water), and through connection with the Word is an outward and visible sign of an inward and spiritual grace given to us, ordained by Christ himself.) Pastors Pete and Jeff are team teaching this fine group of students.

Confirmation Sunday is April 26th. Due to the large number of possible confirmands (12!), we will be having two services that Sunday, 8:30 and 10:00. The 8:30 service will be a regular, non-communion, and non-confirmation service, whereas the 10:00 service will be a service of confirmation and communion. Due to the two services and the busyness of the day, there will be no Sunday School on April 26th.





# February 2020

## South Zumbro Council Minutes

Attendance on 2/11/2020: Todd Aarsvold, Dennis Aarsvold, Pastor Jeff Bernards, Mary Beth Harmon, Dawn Nemechek, Dan Powers, Don Rosenberg, Mary Sue Sandeno, Bill Santjer, Sandy Tjaden, Pastor Pete Wyttenbach, Guests: Paula Ricke, Michele Stromme. Absent: Ed Gillis, Lynn Knutson, Randy Ness

Prayer and Bible Study: Don Rosenberg led us in prayer and reading of Psalm 112

Secretary's Report: Mot/sec/approved.

Treasurer's Report: Mot/sec/approved.

Pastor's Report (01/01 - 01/31):

- Baptisms: 0
- Weddings: 0
- Funerals: 1 (Donald Thoe)
- 21 visitation calls; 685 miles for Pastor Pete; 36 miles for Pastor Jeff
- January was a great month, the weather cooperated so it was good to get out and do several visits. • Annual meeting was great. Thanks to all for your hard work!
- Confirmation has started up again. We are trying to meet in the parsonage more often. Would be great to get the TV mounted in the basement. (This has been done.) Brian Herbst will be contacted in regard to the WiFi status in the parsonage.
- Continued work on our website.
- Lent is upon us. We have a "personified" series planned for Wednesday night worship services titled "Sinners Used by God" highlighting the people involved in Jesus' ministry leading to his crucifixion.
- Pastor Pete was able to "tag along" with Ken and Ann Johnson to deliver Meals on Wheels. What an AWESOME ministry! Well done, SZ, in being a selfless servant of the Lord!
- Should we consider giving the parsonage a "new name?" Some of the confirmation students didn't know what a "parsonage" was!!!
- The inclement weather notification process through local TV stations is being updated to allow our new pastors the ability to activate.
- The Internet has been very "hit and miss" of late. Pastor Pete will call and follow up on this.
- Discussed getting a visiting pastor if both pastors are out of town the same weekend. Possibility of that is June 21.
- Looking into the sound system and the possibility of getting hearing assisted devices.

Committee Reports:

- Paula reported on the number of Luther Leaguers going to Rainbow Trails this summer and the costs involved. Tom and Paula Ricke, Wayne and Liza Larsen will chaperone them. Currently, there are 18 signed up to go from June 27-July 5. They have had several events already (bonfire, tree lighting, bell ringing, snow tubing which was cancelled due to weather) with more coming up including soup suppers, Feed My Starving Children in March, prayer vigil and Hope Lodge volunteering. Ways for them to make money were discussed including offering their services

## January Attendance

159, weather cancellation, 151, 161

## January Offerings

### 2-2-20

\$5697, home budget; \$200, building vision fund; \$50, missions; \$200, Luther League; \$100, Sunday School; \$25, cemetery fund.

### 2-9-20

\$925, home budget.

### 2-16-20

\$4143, home budget; \$50, missions; \$135, Good Samaritan fund; \$50, cemetery fund; \$25, memorial fund in memory of Dale Kunz.

### 2-23-20

\$4529, home budget; \$200, Good Samaritan fund; \$25, cemetery fund; \$25, Junior League.

for lawn work, window cleaning, etc. Mot/sec/approved that we would contribute \$6,000 with \$2,000 provided to each group of nine to help defray expenses, earmarked for Rainbow Trails, and an additional \$2,000 donation to Rainbow Trails as previously planned.

**Old Business:**

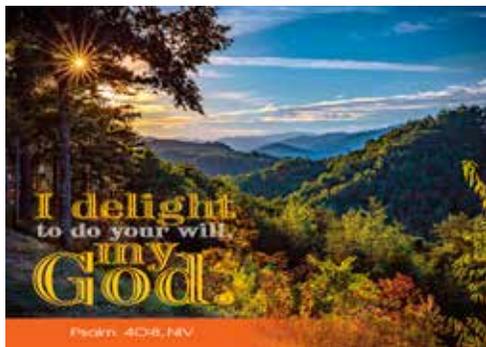
- Benevolence: \$500 be given to SEMCAC of Dodge County. Mot/sec/approved. New this year will be our monthly benevolence of \$250 to LCMC.
- Trustee Report:
  - Trustees are working with Tim on the church lawn mower needs.
  - Trustees will investigate ways to keep the circulation vents in the fellowship hall open.
- Sexual Harassment Policy - a committee was formed to update and present it to the council in March.
- Aarsvold Fire - \$2,450 was collected through free will donations. SZ will donate a \$5,000 check, and the \$2,450 will be given in gift cards.
- SIM Sound - they are coming on Friday, February 14, to talk about the crackling noise made by portable mic in the fellowship hall. Will also check Pastor Pete's wireless mic and discuss Assistive Listening Devices for the hearing impaired.

**New Business:**

- Installation of the 2020 Council will take place during the February 16th worship service.
- An inquiry was made to purchase the circuit breakers used for Joyful Noise when the event was held in the park. An open bid process will be implemented.
- Michele reported that the connection on the kitchen countertop near the coffee maker is separated and getting worse. The company who installed it is no longer in business. Bill and Michele will look into repair options.
- Our Spring Meeting will be Sunday, April 19
  - By-law change/addition of Vice President role, Board of Education structure
- Living Gift idea in recognition of Don Ness' many years of service to the South Zumbro Church council was tabled until the March meeting.
- Board of Education plans to purchase whiteboards, TVs and a BBQ grill for church use. The Sunday School could pay for the grill, but it could be used for multiple events including Vacation Bible School. It would be stored in the parsonage garage.

Mot/sec/approved to adjourn the meeting and close with prayer.

Respectfully submitted,  
*Mary Beth Harmon*



# Council Members

**Council President:**

Sandy Tjaden  
507-993-5907  
tjadenhome@gmail.com

**Vice President:**

Mary Sue Sandeno  
507-635-5605  
rbmsand@kmtel.com

**Deacons:**

Dennis Aarsvold  
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Ed Gillis  
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egillis@kmtel.com

Don Rosenberg  
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don@dnbrosenberg.com

**Trustees:**

Todd Aarsvold  
507-259-9707

Randy Ness  
507-365-8493

Bill Santjer  
507-259-9328

**Secretary:**

Mary Beth Harmon  
507-634-6468

**Treasurer:**

Dan Powers  
507-634-4442

**Financial Secretary:**

Lynn Knutson  
507-365-8175

**Financial Assistant:**

Dawn Nemechek  
507-951-8548

# 2020 Annual Meeting Minutes

Meeting called to order: President Sandy Tjaden

Devotions/Prayer: Pastor Pete Wytenbach

Secretary's Report (C Carlson): 2019 Annual Meeting minutes were presented - mot/sec/approved as printed.

Treasurer's Report (D Ness): The 2019 year-end Treasurer's report was presented - mot/sec/approved as printed.

Special Recognition: President Tjaden expressed the congregation's appreciation to Don Ness for his 18 years of service as Treasurer, as well as his other council positions.

Pastor's Statistical Report: Pastor Pete Wytenbach presented the Pastor's report along with various Thank Yous.

Committee Reports:

President Tjaden called for review and comments of the committee reports printed in the Annual Report booklet. No changes were needed for the committee reports.

Comments from the President:

President Tjaden thanked the Nominating Committee as well as outgoing members of the council, including Treasurer Don Ness, Secretary Corey Carlson, Trustee Don Rosenberg and Deacons Brian Herbst and Dennis Aarsvold.

Election of Officers:

President Tjaden reviewed the open council positions and opened up nominations from the floor. No nominations came from the floor and it was motioned/seconded/approved to cease nominations. Voting ballots were collected and tallied with results listed below. Motion to burn the ballots was seconded and approved.

Church Council:

- One Year Terms:
- President: Sandy Tjaden \*
- Vice President: Mary Sue Sandeno \*
- Secretary: Mary Beth Harmon \*
- Treasurer: Dan Powers \*
- Financial Secretary: Lynn Knutson \*
- Financial Assistant: Dawn Nemechek\*
- Deacon: Dennis Aarsvold\*
- Three Year Terms:
- Deacon: Don Rosenberg
- Trustee: Bill Santjer\*

The following members are continuing their current elected terms:

- Deacons: Ed Gillis
- Trustees: Todd Aarsvold, Randy Ness

[\*unopposed nominees - elected by unanimous ballot]

Updated Committees/Positions:

Convention Delegates: TBD

Board of Education : Connie Abernathy-Ness, Lu Clifford, Erica Gillis\*

Sunday School Superintendents: Mary Knutson\*, Meghan Stromme, Michele Stromme\*

Nominating Committee: John Van Camp, Marv Tjaden, Steve Jurrens\*, (2 positions yet to be determined)

Memorial/Giving: Beverly Knutson, Troy Knutson, Don Ness, Randy Ness, Sandy Ness, Bill Stromme

Landscape: Connie Abernathy-Ness, Julie Boyum, Paula Carlson, Erica Gillis, Melody Powers\*, Tracy Stephens, Jenny Wytenbach

Interior Design: Connie Aarsvold, Cindy Bernards, Diane Erickson, Beverly Knutson, Gail Phelps, Melody Powers\*, Jenny Wytenbach

F.I.R.E.S: Cindy Bernards, Lu Clifford, Melanie Hansen, Cindy Herbst, Don Ness, Bill Stromme, Ruth Christie\*

Call Committee: With the Pastoral positions filled, this committee is now dissolved

[\*new committee member since last annual meeting]

Unchanged Committees/Positions:

Faith Community Nurse: Cindy Bernards

Cemetery Board: Sandy Dahle, Bruce Sandeno, Joel Senjem

Senior Choir Director: Cindy Bernards

Head Ushers: Family Service Groups

Auditing Committee: Trustees

Music/Worship Committee: Dennis Aarsvold, Cindy Bernards, Lu Clifford, Cindy Herbst, Ruth Christie

Health & Ministry: Bob Clifford, Ed Gillis, Lynn Knutson, Dorene Ness, Amy Olson, Paula Ricke, Tracy Stephens

Family Service Group: Bill & Michele Stromme, Pete & Jenny Wytenbach

Mission Committee: Lu Clifford, Bill Stromme

Old Business:

None

New Business:

Day of Service

- Lu Clifford and Bill Stromme gave an update of the Mission Committee by reviewing missions and introducing the plan for a Day of Service for local service projects (date to be determined)

Proposed Amendment to the By Laws

- Reviewed the proposed amendment to the By-Laws of the Constitution for the South Zumbro Lutheran Church in regards to the duties and responsibilities of the Board of Education. More discussions and meetings will be held in the future.

### Parsonage Usage

- Discussed current plans for the parsonage, including use of the main level for meetings and Bible studies.
- Discussed need for better temperature control and recommendation for a sidewalk, improved outdoor lighting, and parking.

### Miscellaneous

- LCMC Convention will be in Arden Hills, MN this year (October 4-7). Delegates to be determined.
- A new mower is needed to mow within the cemetery
- Marriage Seminar will be held in conjunction with Community Celebration Church around February 14. Look for additional information coming soon.

### 2020 Proposed Budget

- The 2019 financial summary was presented by President Tjaden and reviewed by the congregation, along with 2019 actual amounts. The 2020 proposed budget was then reviewed.
- Mot/sec/ approved the 2020 general budget as printed.

Mot/sec/approved to adjourn the Annual meeting.

Closed with the Lord's Prayer.

Respectfully Submitted,

*Corey Carlson*

# Lonely?



## Loneliness Assessment

KEY: 4 = often; 3 = sometimes; 2 = rarely; 1 = never

1. How often do you feel unhappy doing so many things alone?
2. How often do you feel you have nobody to talk to?
3. How often do you feel you cannot tolerate being so alone?
4. How often do you feel as if no one really understands you?
5. How often do you feel yourself waiting for people to call or write?
6. How often do you feel completely alone?
7. How often do you feel you are unable to reach out and communicate with those around you?
8. How often do you feel starved for company?
9. How often do you feel it is difficult for you to make friends?
10. How often do you feel shut out and excluded by others?

KEY: 15-20 average; 21-30 struggling with social interactions, frequently lonely; 31-40 severe loneliness

# Forty Days OF LENT

### POPE FRANCIS' WORDS

Do you want to fast this Lent?

- Fast from hurting words and say kind words.
- Fast from sadness and be filled with gratitude.
- Fast from anger and be filled with patience.
- Fast from pessimism and be filled with hope.
- Fast from worries and trust in God.
- Fast from complaints and contemplate simplicity.
- Fast from pressures and be prayerful.
- Fast from bitterness and fill you heart with joy.
- Fast from selfishness and be compassionate to others.
- Fast from grudges and be reconciled.
- Fast from words and be silent so you can listen.





## Isolation? Loneliness? Solitude?

Isolation. Loneliness. Solitude. With up to 6 months of the year being winter in Minnesota, these words may describe our world. Social isolation can be a significant problem, especially in the winter months. Isolation could be linked to sadness or the feeling of emptiness. But not all who are isolated are lonely, and not all who are lonely are isolated. Social isolation can lead to loneliness, and loneliness can lead to social isolation. Both may also occur at the same time. People can experience different levels over a lifetime, moving in and out as personal circumstances change. Perhaps some may self-isolate because of fear of losing autonomy. Perhaps some maintain the cherished value of privacy. Others may resist taking advantage of additional available benefits so that they are not a burden.

Loneliness differs from solitude or living alone. Loneliness comes from a desire for satisfying social contacts. When relationships are not fulfilling, a sense of isolation can result even if one is in the vicinity of others. Loneliness could come from the practice of well-hidden feelings. Perhaps we learned at an early age to keep a stiff upper lip.

True isolation may feel like we have no support that life is full of barriers, and we have no options. Perhaps we feel helpless and dependent on others, but we don't have any others to rely on? Perhaps we can't get to the grocery store or the food shelf to access food? Perhaps we can't get to a medical appointment or can't answer the doctor when they ask us, "do you have someone that you can depend on?"

Some who are overwhelmed by negative circumstances can become depressed or their depression gets worse. Perhaps they ask, "What's the use?" Apathy plays a part in social isolation. Apathy is a loss of motivation or initiative, loss of pleasure and display of emotions. What might be the root cause? A doctor could prescribe social activity, and a social worker could help with social networking. Perhaps a move was made to a local assisted living apartment. It seems like this will be the solution, except there may be other obstacles. Some may continue to choose isolation because these people are not family. Or because they are new, perhaps long term relationships have died. Perhaps some people may be around more people but not making new relationships. It may be difficult because of hearing, cognitive, or mobility impairment. Isolation can be a multifaceted problem. Add to this our rural geography—we are truly physically isolated

by miles of gravel roads covered by sometimes impassable snow and ice. And our families are scattered. Perhaps we have lived here all our lives, and our children and grandchildren have moved away. Or perhaps we moved to Rochester for the Mayo Clinic so that we could age in place, but we are away from our family and longtime friends. Because we are rural we are also isolated because of the lack of public transportation options. (Thank goodness for our Dodge County Faith in Action volunteers!) Some may question if we are truly suffering from isolation because of the abundance of technology today. Obviously, we could have contact by email or facebook or facetime...except perhaps we have less internet access in rural counties, and it can be expensive to upgrade older homesteads, or we may not know how it works!

Others struggle with isolation because of "forced" social disengagement. Perhaps the spouse who drives is hospitalized or needs rehabilitation away from home. The one that is "at home" has no transportation. This can isolate one from meaningful activities and friends. If one has no family, friend, or caregiver to assist, this can mean weeks or even months of isolation. What are we to do?

King David struggled (Psalm 142:4-5), "Look on my right hand and see, for there is no one who acknowledges me; refuge has failed me; no one cares for my soul. I cried out to you, O Lord: I said, 'You are my refuge, my portion in the land of the living.'"

There are support networks that exist in our community: churches, schools, health care organizations, Area Agency on Aging, Seniors helping Seniors, Dodge County Faith in Action. We need to work to keep these strong. What can we at South Zumbro do? Each of the WOW (Women of the Word) Circles meet regularly and have a "cheer" encouragement component to send cards on birthdays and holidays. Men meet twice monthly for MOB (Men of the Bible). Perhaps we could do more to make weekly phone calls or even daily phone calls to remind about medications, ask about or provide meals. Offer to deliver Meals on Wheels. Become a volunteer for Dodge County Faith in Action to transport someone to the doctor's office, for a haircut, to the grocery store, offer respite for a regular caregiver. Perhaps make it a habit to visit one of our members at a care facility or assisted living. Offer to pick someone up for church. Let's be the ones to care for each other's soul.

Your Faith Community Nurse,

*Cindy Bernards*

## Hospital Policy

If you are hospitalized in Rochester or know of someone from South Zumbro who is, please contact the church and let us know about the hospitalization. Mayo Clinic no longer supplies patient lists for pastors to view, and we are dependent upon hearing from our members about their hospitalization. We want to be a support for you, so let us know if you need care at the hospital.

# March 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> 9 am Sunday School 10 am Worship with Holy Communion 11:10 am Mountain Movers	<b>2</b> 7:30 pm Bible Study @ Bill & Michele Stromme's	<b>3</b> 1:30 pm Faith Circle @ Alpha Jensen's  7 pm Esther Circle @ Sandy Ness'	<b>4</b> 9 am Quilting; bring sack lunh 6 pm Soup Supper 6:30 pm Jr Choir, Confirmation, Ladies Choir 7:30 pm Midweek Lenten Service	<b>5</b>	<b>6</b>  10 am SZ on Move @ EmpowerYou Wellness Ernie Ness, Mark Schwartz, Don Lhotka Birthdays	<b>7</b> 7 am MOB 9:15 am Young Adult Bible Study @ Herbst's 
<b>8</b> Daylight Saving Begins 9 am Sunday School 10 am Worship with Holy Communion 11:10 am Mountain Movers	<b>9</b> 	<b>10</b> 7 pm Council meeting @ Church; Ed Gillis serves	<b>11</b> 9 am Quilting; bring sack lunh 6 pm Soup Supper 6:30 pm Jr Choir, Confirmation, Ladies Choir 7:30 pm Midweek Lenten Service	<b>12</b> 2 pm Pastors @ Prairie Meadows	<b>13</b> 10 am SZ on the Move @ EmpowerYou Wellness	<b>14</b>          Dorene Ness Birthday
<b>15</b> 9 am Sunday School 10 am Worship 11:10 am Mountain Movers   Richard Kylo Birthday	<b>16</b> 7 pm Health & Wellness mtg @ Church  7:30 pm Bible Study @ Church	<b>17</b> Saint Patrick's Day	<b>18</b> 9 am Quilting; bring sack lunh 6 pm Soup Supper 6:30 pm Confirmation, Ladies Choir 7:30 pm Midweek Lenten Service	<b>19</b> Start of Spring (Spring Equinox)   Lorraine Ness, Pauline Tvedt, Jim Ness Birthdays	<b>20</b> 10 am SZ on the Move @ EmpowerYou Wellness	<b>21</b> 7 am MOB 9:15 am Young Adult Bible Study @ Herbst's
<b>22</b> 9 am Sunday School 10 am Worship 11:10 am Mountain Movers	<b>23</b>	<b>24</b> 	<b>25</b> 9 am Quilting; bring sack lunh 6 pm Soup Supper 6:30 pm Confirmation, Ladies Choir 7:30 pm Midweek Lenten Service	<b>26</b>      Mary Lou McClamroch Birthday	<b>27</b> 10 am SZ on the Move @ EmpowerYou Wellness	<b>28</b> Earth Hour
<b>29</b> 9 am Sunday School 10 am Worship 11:10 am Mountain Movers	<b>30</b> 	<b>31</b> March 30 – April 11 All men & women are invited to help! The list of things to be cleaned will be posted on the bulletin board.	<b>Esther Circle has duties this month.</b>  <b>Service Group Leaders: Pastor Jeff &amp; Cindy Bernards.</b>  <b>March is Food Share Month!</b>			

# South Zumbro Lutheran Church

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